

Mastering Your Emotions with Peace (Part 3)

Creflo Dollar
10/28/18 • 10:00 A.M.

Scripture References

John 16:33	1 Peter 5:7
Proverbs 23:7	James 4:6
Psalms 107:2	2 Corinthians 13:11
Psalms 91:1, 7	2 Corinthians 13:11, <i>AMPC</i>
Psalms 34:14	Nehemiah 8:10
Colossians 3:15	John 14:27
Colossians 3:15, <i>AMPC</i>	Genesis 1:3-31

Summary

To master life and live victoriously, we must first learn to master our emotions. As believers, we have been given authority in all realms, including in the emotional realm. Therefore, we make a mistake when we think we cannot help the way we feel. We have been empowered to exercise emotional self-control and not be swept away by our emotions; we use that control by being spiritually-minded instead of carnally-minded. We become increasingly peaceful and spiritually-minded when we let the Word of God continually renew our minds. God gave us feelings so we could enjoy life, not so that feelings could dominate us. When we let go of negative feelings and past regrets, we are free to move forward toward the destination God has planned for us.

A. Allowing the Word to guide our decisions gives us peace even in the worst of situations.

1. These things I have spoken unto you, that in me ye might have peace. In the world ye shall have tribulation: but be of good cheer; I have overcome the world (John 16:33).
 - a. There is nothing wrong with emotions; however, we cannot go to church simply to feel emotional. We must go to be fed by the Word, which equips us in our spiritual fight against the devil.
 - b. There is a close relationship between peace and joy. The Word inside of us causes peace; it changes how we feel.
 - c. What we think determines how we feel.
 - d. For as he thinketh in his heart, so is he... (Proverbs 23:7).
 - e. When we make emotionally-based decisions we are more likely to make the *wrong* decision. A decision is an open door to reality; if we let negative emotions influence our decision-making abilities, we will not like the results.
2. We must not let strife or bitterness control our thinking and our emotions. When we feel negative emotions rising in us, we must pray.
 - a. Even in the midst of danger, we must not let our emotions get the best of us. We can instead stand on the Word.
 - b. Let the redeemed of the LORD say so, whom he hath redeemed from the hand of the enemy (Psalms 107:2).
 - c. He that dwelleth in the secret place of the most High shall abide under the shadow of the Almighty (Psalms 91:1).

- d. A thousand shall fall at thy side, and ten thousand at thy right hand; but it shall not come nigh thee (Psalm 91:7).

B. Being in Christ gives us the peace we need to live in victory, This is what God wants.

1. Depart from evil, and do good; seek peace, and pursue it (Psalm 34:14).
 - a. The Hebrew word for peace is “shalom.” It means wholeness and prosperity, with nothing missing and nothing broken.
 - b. If our lives are not in a peaceful place, we must actively pursue this kind of peace.
2. And let the peace of God rule in your hearts, to the which also ye are called in one body; and be ye thankful (Colossians 3:15).
 - a. If we have any kind of decision to make and we are not sure what to do, we can make peace our guide.
 - b. If we follow peace, we are following God.
3. And let the peace (soul harmony which comes) from Christ rule (act as umpire continually) in your hearts [deciding and settling with finality all questions that arise in your minds, in that peaceful state] to which as [members of Christ’s] one body you were also called [to live]. And be thankful (appreciative), [giving praise to God always] (Colossians 3:15, *AMPC*).
 - a. Similar to an umpire, God calls a situation as *He* sees it. He does not look at situations like we do.
 - b. We need to let peace determine what decisions we make. The devil tries to steal our peace; we cannot let peace rule in our hearts if we *have* no peace.
 - c. Giving praise to God lead us into peace.
 - d. God cares for us.
 - e. Casting all your care upon him; for he careth for you (1 Peter 5:7).
 - f. Sometimes we cannot hear from God because there is too much clutter in our minds. If we do *not* let go of the clutter and cast our cares on Him, it indicates that we are too proud to trust Him on this point.
 - g. But he giveth more grace. Wherefore he saith, God resisteth the proud, but giveth grace unto the humble (James 4:6).

C. We can find that inner peace God placed in us when we choose to rejoice at all times.

1. Finally, brethren, farewell. Be perfect, be of good comfort, be of one mind, live in peace; and the God of love and peace shall be with you (2 Corinthians 13:11).
 - a. Peace is a lack of anxiety and stress in the midst of trouble.
 - b. There is a connection between *living* in peace and the God of peace *being* with us.
2. Finally, brethren, farewell (rejoice)! Be strengthened (perfected, completed, made what you ought to be); be encouraged *and* consoled *and* comforted; be of the same [agreeable] mind one with another; live in peace, and [then] the God of love [Who is the Source of affection, goodwill, love, and benevolence toward men] and the Author *and* Promoter of peace will be with you (2 Corinthians 13:11, *AMPC*).
 - a. Rejoicing is one of the strategies we use to confront and conquer trouble.
 - b. Joy makes us strong. Happiness is based on how we feel; joy comes from what we know.
 - c. ...For the joy of the LORD is your strength (Nehemiah 8:10).

- d. God's will is not for us to be worried or depressed, but for us to be perfected, complete, and whole. If we know this, we can actively resist emotions that try to move us away from His will.
- 3. Peace I leave with you, my peace I give unto you: not as the world giveth, give I unto you. Let not your heart be troubled, neither let it be afraid (John 14:27).
 - a. This gives us well-founded confidence in the middle of trouble.
 - b. It is impossible to be in God's presence and *not* be at peace.
 - c. The peace that God gives us is wholeness, with nothing missing and nothing broken; it is shalom.
 - d. If we are to see God's will for our lives, we must verbally declare it. We will not see what we do not declare.
 - e. In the beginning when God created the world, the phrase "and God said" always preceded "and God saw" (Genesis 1:3-31).

For more on how God's Word gives us emotional peace, click on the link below for the CD, *Mastering Your Emotions with Peace (Part 3)*.

<https://bit.ly/MasteringYourEmotionswithPeacePart3CD>

Category: grace

Keywords: relationships, parents, inequality, children, gender, stereotypes, grace