

Taking Authority over Your Emotions

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Scripture References:

- 3 John 1:2
- 3 John 1:2, *AMPC*
- 2 Corinthians 10:3-5
- Proverbs 16:32
- Proverbs 16:32, *AMPC*
- Hebrews 4:15
- Mark 14:33-35, *AMPC*

Summary:

As believers, we have authority in many different areas, including our emotions. Our entire lives are based on whether we can control our feelings, or whether they control us. God has a calling on our lives, but we will not end up in the place where He wants us to be if we let our emotions dominate us. To fulfill His mission for us, we must take authority in the emotional realm.

Notes:

1. True prosperity includes the ability to control our emotions and not let them control us. Our souls are our minds, our thinkers, and our choosers. What we think determines the course of our lives.
2. The spiritual fight we're in focuses on our minds; we *can* control our thoughts. Controlling our thoughts allows us to control our emotions; controlling our emotions helps us to make good decisions.
3. Jesus Christ faced the same emotional challenges we face; we can depend on Him. Even Jesus had emotions, but He didn't give in to the temptation to let them rule Him.
4. When we experience emotions that try to stop us from moving in the direction God wants us to go, we can either yield to them or continue going forward. Letting our emotions take us to a place where we shouldn't be will always cause other issues in our lives.

Category: faith

Keywords: authority, emotions, control, feelings, dominate, emotional