

Dealing with Your Emotions
Creflo Dollar
Broadcast Dates: 7/16/21 & 7/19/21
8/29/18 ● 7:00 P.M.

Scripture References:

- 3 John 1:2
- 3 John 1:2, *NLT*
- 2 Corinthians 5:8
- 3 John 1:2, *AMPC*
- Proverbs 23:7
- Proverbs 16:32

Summary:

Most people think that emotions can't be controlled, but Christians have been given authority over their emotions. God gave us feelings as a gift; however, we shouldn't allow them to govern us or control our lives. Feelings of depression, rejection, or inferiority always have the potential to overwhelm us, but there's no reason to be emotionally out of control; instead of letting our emotions deal with us, we have the power to take charge and proactively deal with our emotions.

Notes:

1. It's important to understand the connection between our spirits and our souls. We're spirits possessing souls and living in physical bodies; our souls are our minds, wills, and emotions.
2. The inability to maintain emotional control makes a person weak; what happens in our souls (where our emotions reside) determines the course of our lives.
3. Emotions can either bring us together or keep us apart; we must know how to handle them.
4. Men and women handle emotions differently. Women are more aware of, and in touch with, their emotions; many men are afraid to share their emotions for fear of being shamed.

Category: spiritual growth

Keywords: emotions, authority, feelings, control, depression, emotionally, power