

Crazy Expectations

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Broadcast Dates: 7/31/25-8/1/25

Message Date: 7/15/21 ● 10:00 A.M.

Scripture References:

- Galatians 2:19-21, *MSG*
- 1 Corinthians 7:32-34, *MSG*
- 1 Corinthians 9:19-23, *MSG*
- Galatians 3:11, 12, 21, 22, *MSG*
- Matthew 11:30
- Philippians 3:7-9, *MSG*
- Psalm 23:1

Summary:

Wanting to do the right thing is a normal part of being human; however, sometimes what others expect of us, and even what we expect of ourselves, can cause undue pressure and stress in our lives. If we're not careful, we can get caught up in ceaseless religious striving and efforts to measure up to others' expectations (which traps us in pride). Falling prey to this mindset causes feelings of guilt, shame, and condemnation that God wants us to avoid. Trying to meet the world's expectations can leave us exhausted and overwhelmed; we only find the rest and the peace God wants for us by moving away from rule-keeping and receiving, by faith, the good things He wants to bless us with.

Notes:

1. Working ourselves to a frazzle following religious rules isn't what God intends for us. Trying to live according to a long list of rules as spelled out in the Old Testament only results in endless work and self-effort.
2. Living according to what we see in the world, instead of according to God's expectations for us, adds degrees of difficulty and complexity.
3. Knowing God gives us the kind of rest we need is something the world doesn't have.
4. The world heavily emphasizes self-effort as the path to success; however, this is false. For true success, we must learn to wait on God.

Category: grace

Keywords: expectations, expect, pressure, stress, striving, expectations, rest, peace