### What is Real Trust?

Creflo Dollar 5/23/20 ● 6:00 P.M.

### **Scripture References**

Proverbs 3:5-7, 9, 10 John 10:25-30 James 1:17 Numbers 21:5-9 Isaiah 26:3 Luke 16:10,11, *NLT* Psalm 31:14, 15 Psalm 55:17 Psalm 37:5 2 Timothy 2:22 1 Peter 5:7 Psalm 119:11 Psalm 40:4 John 14:26 Hebrews 4:11 Psalm 33:18, 19, *MSG* 

1 Timothy 6:10

# **Summary**

Trusting God is something many Christians talk about, but relying on Him should be more than just a popular slogan. As believers, we need to know the practical side of applying our faith in Him. We can either trust in God, or in the systems of the world. This is an important choice; the world can fail us at any time, but God never will. We can have total confidence in Him because He is completely trustworthy. Trust is the currency of the kingdom of God; when we give our trust to Him, we receive from Him everything we need for successful, joyful, prosperous lives. As His sheep, we are completely safe when we choose to lean on Him as our Shepherd.

# A. When we trust God for what we need, we have peace. Real trust means studying His Word.

- 1. Trust in the LORD with all thine heart; and lean not unto thine own understanding (Proverbs 3:5).
  - a. Trust, as defined here, is reliance on the integrity, strength, ability, and surety of God; it is total confidence.
  - b. To trust in God is to lean on Him. In the midst of a situation, we must examine who, or what, we are leaning on.
  - c. We can either trust in the world, or in God. He is the only reason anything in the world works
  - d. Every good gift and every perfect gift is from above, and cometh down from the Father of lights, with whom is no variableness, neither shadow of turning (James 1:17).
  - e. Trusting God should not be simply a mental assent; it requires letting go of our own limited understanding.
- 2. Thou wilt keep him in perfect peace, whose mind is stayed on thee: because he trusteth in thee (Isaiah 26:3).
  - a. Real trust goes deeper than simply agreeing. When we really trust something, we choose to keep our attention on it. When we trust God, we will attend to His Word.

# B. The decision to rely on God should not be taken lightly. He should be first, before all else.

- 1. But I trusted in thee, O LORD: I said, Thou art my God. My times are in thy hand: deliver me from the hand of mine enemies, and from them that persecute me (Psalm 31:14, 15).
  - a. When we find ourselves in a situation, we must verbally declare our trust in God. This is not religion, but a confession of faith in Him. Authentic trust is a declaration of dependence on God.
- 2. Commit thy way unto the LORD; trust also in him; and he shall bring it to pass (Psalm 37:5).
  - a. We demonstrate our trust in God when we commit our hopes and dreams, as well as our cares, troubles, worries, and our entire lives, to Him. He will take care of us.
  - b. Casting all your care upon him; for he careth for you (1 Peter 5:7).
- 3. Blessed is that man that maketh the LORD his trust, and respecteth not the proud, nor such as turn aside to lies (Psalm 40:4).
  - a. We must ask ourselves if we have made God our trust, or if we are still trusting in things, other people, or our emotions.
  - b. The man who chooses to trust God will be empowered to prosper.
  - c. We can trust God for wisdom, healing, deliverance, peace, protection, and everything else we need. Worldly systems can never do what *He* can.

#### C. The devil tries to distract us from God's Word and convince us to trust in the world.

- 1. Let us labour therefore to enter into that rest, lest any man fall after the same example of unbelief (Hebrews 4:11).
  - a. When we are worried about God doing His part, we cannot enter into our place of ease. Rest is the highest level of trust there is.
- 2. Living in stress, anxiety, and fear is an example of unbelief. When we are afraid, self-preservation takes over. We work to take care of ourselves, instead of letting God take care of us.
  - a. The enemy is working hard to move our trust away from God, and toward him. One way he does this is through money, which has the spirit of mammon on it.
  - b. If we love and trust money more them God, we have a wrong relationship with it.
  - c. For the love of money is the root of all evil... (1 Timothy 6:10).
- 3. Jesus answered them, I told you, and ye believed not: the works that I do in my Father's name, they bear witness of me. But ye believe not, because ye are not of my sheep, as I said unto you. My sheep hear my voice, and I know them, and they follow me: And I give unto them eternal life; and they shall never perish, neither shall any man pluck them out of my hand. My Father, which gave them me, is greater than all; and no man is able to pluck them out of my Father's hand. I and my Father are one (John 10:25-30).
  - a. Sheep follow the shepherd because the shepherd guides, protects, feeds, and cares for them. They follow him not because they can do anything for him, but because they trust and rely on him.
  - b. Christ's sheep follow Him because they know He has everything they need.
  - c. The idea of sheep following a shepherd is different than soldiers following a general. Soldiers may have to protect the general, and may possibly lose their lives; this the opposite of when sheep follow their shepherd. We must not think we can do anything for God; *He* is actually the one doing everything for *us*.

# D. Focusing on Jesus positions us to receive the good things He wants to bless us with.

- 1. And the people spake against God, and against Moses, Wherefore have ye brought us up out of Egypt to die in the wilderness? for there is no bread, neither is there any water; and our soul loatheth this light bread. And the LORD sent fiery serpents among the people, and they bit the people; and much people of Israel died. Therefore the people came to Moses, and said, We have sinned, for we have spoken against the LORD, and against thee; pray unto the LORD, that he take away the serpents from us. And Moses prayed for the people. And the LORD said unto Moses, Make thee a fiery serpent, and set it upon a pole: and it shall come to pass, that every one that is bitten, when he looketh upon it, shall live. And Moses made a serpent of brass, and put it upon a pole, and it came to pass, that if a serpent had bitten any man, when he beheld the serpent of brass, he lived (Numbers 21:5-9).
  - a. The serpent of brass symbolized Jesus. When we take our focus off ourselves and look at Him, we are delivered.
  - b. Job went through difficult circumstances, and lost everything he had; he responded by focusing on God and worshipping Him.
- 2. If you are faithful in little things, you will be faithful in large ones. But if you are dishonest in little things, you won't be honest with greater responsibilities. And if you are untrustworthy about worldly wealth, who will trust you with the true riches of heaven? (Luke 16:10, 11, *NLT*).
  - a. Giving is one way we can practically apply our trust in God.
  - b. We cannot sow little and reap big; faith does not work that way. We must prove our trustworthiness in the little things, like money, before we can be trusted with the big things.
  - c. We must not allow the things of the world to seduce us to the point where we trust in them more than in God.

## E. There are seven steps to follow to ensure we are trusting and leaning on God.

- 1. Do not depend on yourself.
  - a. When issues surface, we must not fall into self-effort; we must trust God.
- 2. Cry out to God. We need to go to *Him*, not to the world's systems, when we need help.
  - a. In all thy ways acknowledge him, and he shall direct thy paths (Proverbs 3:6).
  - b. Evening, and morning, and at noon, will I pray, and cry aloud: and he shall hear my voice (Psalm 55:17).
- 3. Run from evil. When we do not trust God, we can get involved in evil acts for self-preservation.
  - a. Be not wise in thine own eyes: fear the LORD, and depart from evil (Proverbs 3:7).
  - b. Flee also youthful lusts: but follow righteousness, faith, charity, peace, with them that call on the Lord out of a pure heart (2 Timothy 2:22).
- 4. Put God first in your life. Putting God first means relying on Him first, before anything else; this is how we honor Him.
  - a. Honour the LORD with thy substance, and with the firstfruits of all thine increase: So shall thy barns be filled with plenty, and thy presses shall burst out with new wine (Proverbs 3:9, 10).
- Check yourself using God's Word, not others' opinions. His Word is the measuring stick for life.
  - a. Thy word have I hid in mine heart, that I might not sin against thee (Psalm 119:11).

- 6. Remember that trusting God involves listening to the Holy Spirit. He will teach us what we need to know.
  - a. But the Comforter, which is the Holy Ghost, whom the Father will send in my name, he shall teach you all things, and bring all things to your remembrance, whatsoever I have said unto you (John 14:26).
- 7. Rest in God's love; this is especially important in times of trouble. His love brings healing, provision, deliverance, and the care He has promised.
  - a. Watch this: God's eye is on those who respect him, the ones who are looking for his love. He's ready to come to their rescue in bad times; in lean times he keeps body and soul together (Psalm 33:18, 19, *MSG*).

For more on what real trust looks like, and how to strengthen our faith in Jesus Christ, click on the link below to find the DVD, *What is Real Trust?*, in our eStore.

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Category: faith

Keywords: trust, trusting, relying, faith, choice, confidence, trustworthy