



World Changers Church International & Creflo Dollar Ministries

2025 Fast for Wholeness

Monday, January 6, 2025 – Thursday, February 6, 2025

17-Hour Intermittent Fast

- Example: Fast (No meals) from 5:30 PM to 10:30 AM.
- Drink Still water *only*.
- No Sugar.
- No Fast Foods.

** It's important to check with your doctor before starting a fast, especially if you have any underlying health conditions or are taking medications that might affect fasting. Once you get his or her go-ahead, the actual practice is simple. You can pick a daily approach that works best for you.*

Prayer Objectives:

1. Wholeness
2. Ears to hear from God.
 - Bible or Word of God-contact daily, which may be by listening, reading, audio, or video sermons on Grace.
3. Household salvation for family.
4. Freedom from deception.
5. Peace in our nation, family, mind, and emotions, and supernatural deliverance for the unsaved and unbelieving person
6. Overcoming disbelief.

Be led by the Holy Spirit throughout this fast.