

Attacking Fear with Communion
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Scripture References:

- 2 Timothy 1:7
- 1 Peter 1:7
- 1 John 4:4
- Psalm 91:7
- 1 Corinthians 11:20-34
- John 6:48-58
- Matthew 18:20

Summary:

Fear is a major force in our environment. This emotion is so pervasive that many of us may be living in fear without even knowing it; however, being afraid causes us to forget what the finished works of Jesus have already made available to us. Communion reminds us of God's love, protection, deliverance, and constant presence in our lives; understanding its significance defeats the spirit of fear.

Notes:

1. Communion symbolizes Jesus' broken body and the blood He shed for us.
2. God doesn't want us to be ruled by the spirit of fear; Jesus shed His blood to defeat it. God has made protection on all levels available to us; communion reminds us of this protection.
3. We take communion to remember the sacrifice Jesus willingly made for us on the cross. That sacrifice purchased our salvation, deliverance, sanctification, healing, and wholeness; these are permanent.
4. We take communion *unworthily* when we partake of it but fail to remember what His body and His blood accomplished.
5. Eternal life is all about a relationship with Jesus, being in His presence, and God dwelling with us. Understanding the significance of communion keeps us in remembrance of this.

Category: faith

Keywords: attacking, fear, communion, emotion, afraid, love, protection, deliverance