

In the midst of all of the things that are going on in our lives, God wants us to accept the responsibility to make sure that we are not troubled. Just because we're in the midst of trouble doesn't mean we have to be troubled by our trouble. God tells us in Matthew 24:6 to "see that ye be not troubled." It wouldn't be just for God to tell us to not be troubled if He didn't give us the tools we need to accomplish that. He's equipped us with the Holy Spirit, the Word of God, the joy of the Lord, and the power of prayer to see that we aren't troubled by our trouble.

What initiatives can we take to guard our hearts and minds, to keep ourselves in perfect peace and our minds stayed on Him when trouble comes? We can't look for an angel to fall out of heaven and come see that we "be not troubled"—that's our responsibility. Basically, when I walk around troubled, I have to make a quality decision to wait a minute and say, "I'm not going to do this." I have to make a decision to disconnect from what I can be disconnected from, then get in prayer and meditate on the Word to see that I be not troubled.

Now it happened as they went that He entered a certain village; and a certain woman named Martha welcomed Him into her house. And she had a sister called Mary, who also sat at Jesus' feet and heard His word. But Martha was distracted with much serving, and she approached Him and said, "Lord, do You not care that my sister has left me to serve alone? Therefore tell her to help me." And Jesus answered and said to her, "Martha, Martha, you are worried and troubled about many things. **But one thing is needed**, and Mary has chosen that good part, which

will not be taken away from her (Luke 10:38-42, *NKJV*).

Can you relate to this? So many times, we become full of care about the many things that are going on in our lives. Mary chose to sit at His feet and hear His Word. She chose to listen to Jesus. Basically, Jesus is showing us that when we are worried, we should choose the Word; and know that by choosing this one needful thing, all other things will be taken care of. How powerful is this?

Proverbs 4:20 reminds us to "attend to [His] words; incline thine ear unto [His] sayings." What are you giving your attention to? Are you giving your attention to the chaos? To the trouble? To fear? Proverbs 4:22 says God's Words "are life unto those that find them, and health to all their flesh." This means the Word of God not only will help us in all kinds of situations, it will also bring health to our flesh! Verse 23 instructs, "Keep thy heart with all diligence; for out of it are the issues of life." God is showing us that our hearts are like soil. Words are like seeds. When you put that Word in your heart, it will grow the issue of the Word that went in.

So, if you're sick and need healing, you can plant the Word of God on healing (such as "by His stripes, I'm healed" from First Peter 2:24) as a seed in your heart. That's the soil. Then take care of it like you would natural seed—water it, spend time with it, and keep the weeds out. God says if you'll do that, just like the apple seed will give birth to an apple tree, the Word seed of healing will give birth to healing. Do you know the real, authentic place of knowing that you've received the Word? It's the

#### GOD'S WORD HOLDS US

place where there's no more panic, there's no more stress, and you've entered into rest. You've entered into rest!

While we're not perfect, we know that the Word of God holds us. I needed the Word when they told me I had cancer. I needed the Word when they told me that I had a disease of my spine. I needed the Word when I didn't know how to pay my rent and all my money was spent. I needed the Word and it kept me, healed me, and delivered me from shame, guilt, and condemnation. You have power and hope through the Word of God, and He has given you tools to win. Let God speak to you about what part He wants you to play, then become occupied with the needful thing until the harvest comes up in your life.

Taffi and I love you and pray for you every day. May the blessing of God be on you and your family. Remember, Jesus is Lord, and "...in all of your getting, get understanding."

Love,

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"...SEE THAT YE BE NOT TROUBLED..." (MATTHEW 24:6).

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I AM NOT TROUBLED BY TROUBLE! (MATTHEW 24:6)

I HAVE LIFE AND HEALTH THROUGH THE WORD OF GOD. (PROVERBS 4:22)

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