



MAINTAIN A PROPER balance

JANUARY 2021

I am always excited to have the opportunity to write to you and share a word of encouragement. You're my covenant partner, and my prayer is that you are doing well and enjoying life as God intended. Taffi and I want you to know that we love you and we're always thinking of you.

This year marks the 35-year anniversary of World Changers Church International. I am so grateful for what the Lord has done through our local church and around the world through Creflo Dollar Ministries. We're able to touch millions of lives worldwide. People are committing themselves to living for Christ. Marriages are being restored. Even the lives of children are being changed, which is why Taffi and I are excited about what we do.

Our zeal has increased and we're looking forward to doing much more for the kingdom of God. We are so determined to do our part in seeing God's plan for mankind come to pass, that we've increased our commitment to live healthier lives both physically and spiritually. We're doing whatever it takes to live a full life.

We have learned that it's important to maintain a proper balance where our health and relationship with God is concerned. Taffi and I want to stick around to see the goodness of God revealed in these last days. So, we're not waiting to get old

before we make right decisions when it comes to the longevity of our lives.

It's crucial to be disciplined in every area of life. Being disciplined has been a key to our success in life and ministry. I can't tell you the number of people we've met over the years who are strong in spiritual things, such as studying the Word, praying, and going to church, but lack discipline when it comes to their health. Some of them don't take their health seriously; and unfortunately, they're suffering as a result.

I am not about to play games with my health and suffer through life, especially knowing that I can do something about it. For example, I really enjoy hot donuts. You know, the fresh-out-of-the-oven kind that make your mouth water before you take a bite. But, no matter how much I like donuts, I know that they aren't good for me. I've researched the negative effects of sugar on the body, and I'm not willing to sacrifice my good health over a box of donuts, no matter how good they taste. The same is true for liver, pork, lobster, and other types of unhealthy foods.

I am strict about my health and spiritual growth because I firmly believe that there's a connection between being disciplined in spiritual things and being disciplined in natural things. Let me explain.

It is no coincidence that the devil tempted Adam and Eve with food (Genesis 3). Eating the forbidden fruit was simply the bait he used to lure them into disobeying God. He polluted their way of thinking so that he could damage their relationship with God. This tells me that if the enemy can whip a person in natural things, it's easy for him to also whip him or her in spiritual things.

It's one thing to overcome bondage to sin, and quite another to overcome bondage to poor eating habits. Yet it is possible to become disciplined enough to overcome in both areas. If you're struggling with bad eating habits, discipline will help you win the battle over your natural cravings.

The Bible warns us to, *"Be well balanced (temperate, sober of mind), be vigilant and cautious at all times: for that enemy of yours, the devil, roams around like a lion roaring [in fierce hunger], seeking someone to seize upon and devour"* (1 Peter 5:8, AMPC). Verse 9 says to withstand the devil by standing firm on your faith in God. Start by reading the Word of God daily until it becomes a habit. That habit will help you to develop self-control so that the enemy can't short-circuit your faith and cause you to ruin your life.

Make a quality decision today to examine your life and do whatever it takes to be well-balanced in your health and spiritual life. Enjoy the fullness of what God has in store for you. Live long and live strong!

Thanks for being a part of this great team as we continue to love people and change lives around the world. Taffi and I are thankful to God for you! Remember that Jesus is Lord, and *"...In all your getting, get understanding"* (Proverbs 4:7, NKJV).

In Expectation,



Creflo Dollar

P.S. Don't forget to download this month's free message, How to Take Possession of Your Healing at this link <https://bit.ly/2l7tesJ>

**"BE ALERT AND OF SOBER MIND. YOUR ENEMY THE DEVIL PROWLs AROUND LIKE A ROARING LION
LOOKING FOR SOMEONE TO DEVOUR. RESIST HIM, STANDING FIRM IN THE FAITH" (1 PETER 5:8, 9, NIV).**

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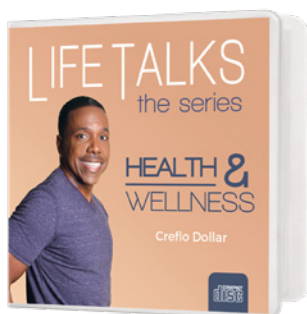
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I WITHSTAND THE DEVIL BY STANDING FIRM ON MY FAITH IN GOD.

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OUR VISION

As we proclaim Jesus, the Christ, as the Head of the Church and the manifested Word of God, our goal is to teach the Word of God with simplicity and understanding so that it may be applied to our everyday lives in a practical and effective manner; thereby being transformed into World Changers—changing our immediate world and all those with whom we come in contact—ultimately making a mark that cannot be erased.



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