



HARNESS, CONTROL, & MASTER YOUR EMOTIONS

2020
VISION
partners

OCTOBER 2020

I've come to this place of deeply appreciating my relationship with Jesus Christ, the fact that I'm a Christian, and that I'm a believer in God's Word. Being born again and believing God's Word is the only way to harness, control, and master your emotions. That's one of the huge advantages of being a real Christian. Emotions can't be depended upon because they change. When circumstances change, they'll cause emotions to change. Mastering your emotions is possible only with the Word of God. Without His Word, all you can do is cope. Coping is not mastering.

For those who are born again, we are to walk by faith, not by sight, appearances, or emotions. Second Corinthians 5:7 says, *"For we walk by faith, not by sight."* To "walk by sight" isn't limited to walking by what you see. In this verse, it means we walk by faith, not by our sensory mechanisms or our senses. If we get precise with this, we walk by faith, not reasonings or emotions. The most dangerous thing in the world you can do is allow your Christian life to be governed by how you feel because you might go to bed feeling one way, and wake up feeling

another way. This is about living life mastering our emotions instead of allowing our emotions to master us.

If you become dominated by your senses, then what you see will determine your feelings. If you allow your life to be governed by God's Word even when the circumstances don't agree, you're saying, "I know these circumstances exist. I know they're 'real,' but they won't govern me." There is no other resource available to humankind that can help emotional stability like the Word of God. We've got to identify how we're being emotionally led in our lives and make the transition from being emotionally led and governed, to being governed by faith and what we know from God's Word. The Bible says, *"Be still, and know that I am God"* (Psalm 46:10). It doesn't say try to get the feeling back. Circumstances can be influenced by the enemy. If the devil is influencing circumstances and circumstances are influencing your emotions, the devil is functioning when you live by your emotions. Base your life on God's unchanging Word, not on your fluctuating emotions. Then you will achieve emotional stability.

For instance, there was a feeling associated with being baptized in the Holy Spirit. Just because I don't have the feeling I had the night I was baptized in the Holy Spirit doesn't mean I can't pray in tongues. No, I can pray in tongues because of what the Word says, not because of how I feel. You have to be careful that you don't wake up the next day looking for that same high. I appreciate any time my emotions get involved in my worship experience with God. I love it! But will I only worship God when I have the emotion? No, I'll worship Him because of what I know, not because of how I feel. You won't have that high every time you go to church. If it's not there, walk by faith and not by sight. Walk by faith that you're in joy. Walk by faith that you're in peace. Don't search for the emotion, the feeling, the high, because it can deceive you. God's Word will give you the stability that some people look to their emotions to provide.

Live every day based on what the Word of God says, not by what your emotions say. Emotional stability is the evidence of spiritual maturity. Look at your emotions; it's when you can control them that you know you're becoming spiritually mature. If you see some Christian who's emotional all the time, he or she still needs to grow up. There is stability in believing God's Word, which never changes. Instead of being moved by the circumstances, you can be stable in the Word of God; it's the master key to obtaining emotional stability.

Taffi and I love you and trust that, with God's Word, you can master your emotions instead of them mastering you. Remember that Jesus is Lord, and "*...In all your getting, get understanding*" (Proverbs 4:7, NKJV).

In Expectation,



Creflo Dollar,

P.S. We want to make sure you get this month's free message. Download *Fearless in Grace* at <https://bit.ly/2I7tesJ>

"FOR WE WALK BY FAITH, NOT BY SIGHT" (2 CORINTHIANS 5:7).

2020

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2021

CONFERENCES

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STABLE IN THE WORD

I LIVE BASED ON FAITH IN GOD, NOT BY WHAT I SEE.
(2 CORINTHIANS 5:7)

IN EVERY SITUATION, I FOCUS ON GOD.
(PSALM 46:10)

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